

## **Duration**

12 months approx. Completing each unit within a 6- 8 week period.

## **Who is the Therapeutic Parent Coaching Qualification for?**

Learners who wish to develop skills in supporting other parents to develop their skills in Therapeutic Parenting and to facilitate support groups. The Therapeutic Parenting Coaching is a customised qualification which helps the learner to understand the ways in which they can support parents and families using therapeutic parenting strategies and coaching tools.

This is recommended for learners who want to develop their knowledge of developmental trauma, therapeutic parenting and parent coaching in one qualification.

## **Qualification Content**

The Level 3 Diploma in Therapeutic Parent Coaching includes 10 units. They include:

- Understanding the Traumatized Child.
- Understanding Parents.
- Develop knowledge and understanding of Therapeutic Parenting.
- Exploring and understanding Syndromes, Disorders and Survival Behaviours associated with Developmental Trauma
- Implementing initial therapeutic parenting strategies to heal children
- Implementing advanced therapeutic parenting strategies to work towards positive outcomes for children with developmental trauma.
- Understanding Family Life.



- Understand Therapeutic Parenting in order to support parents in finding their own solutions.
- Promoting Resilience, Self-Development and Wellbeing in Parents and Children.
- Supporting Parents as a Therapeutic Parent Coach.

### **Mode of Learning**

To achieve The Level 3 Diploma in Therapeutic Parent Coaching, learners will complete the units of study through our online learning platform, which includes video-based tuition and knowledge checks throughout to enable learners to complete the end-of-unit assessments.

Learners will be provided with tutor support throughout the qualification. A handbook, including all relevant information, will also be provided at the start of the course.

### **Qualification Benefits**

This coaching qualification helps the learner to understand the ways in which they can support parents and families using therapeutic parenting strategies.

### **Accreditation & Certification**

On completion of this Customised Qualification, learners will receive a certificate of achievement from CACHE. This certificate of achievement is not for a nationally regulated qualification.

This qualification is also accredited by the Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH) and eligible for membership in their association. For further details about the association and its membership fees, please visit [www.accph.org.uk](http://www.accph.org.uk).

## **Progression route**

This qualification can lead to the Level 4 Trauma-Informed Practitioner Qualification.

## **Qualification Costs**

£1680 Per Person\*

## **Monthly payment plan available:**

12 monthly payments £148.50\*

Please note: Agencies/Companies who sign up for a cohort of 10 learners will get 11th learner half price.

*\*Inclusive of VAT.*

## **How to apply**

You can enrol on the qualification by going to our website

[www.inspiretraininggroup.com](http://www.inspiretraininggroup.com)

e: [inspire@coect.co.uk](mailto:inspire@coect.co.uk)

01453 519000

**Course Leader**

**Emma Edwards**

e: [inspire@coect.co.uk](mailto:inspire@coect.co.uk)

t: 01453 519000

## **What our Learners say...**

"Excellent resources, and I like that I was able to experience coaching with the support of my tutor. It has not only helped me to become a therapeutic parent coach, but it has also helped me to set up forms for my coaching portfolio."

